

## Corrigendum

# Corrigendum to “Influence of a 10-Day Mimic of Our Ancient Lifestyle on Anthropometrics and Parameters of Metabolism and Inflammation: The “Study of Origin””

**Leo Pruimboom,<sup>1,2</sup> Begoña Ruiz-Núñez,<sup>2</sup> Charles L. Raison,<sup>3</sup>  
Frits A. J. Muskiet,<sup>2</sup> and Jens Freese<sup>4</sup>**

<sup>1</sup>Natura Foundation, 3281 NC Numansdorp, Netherlands

<sup>2</sup>Laboratory Medicine, University Medical Center Groningen (UMCG) and University of Groningen, 9713 GZ Groningen, Netherlands

<sup>3</sup>Department of Psychiatry, College of Medicine, John and Doris Norton School of Family and Consumer Sciences, Tucson, AZ 85719, USA

<sup>4</sup>German Sports University Cologne, Cologne, Germany

Correspondence should be addressed to Leo Pruimboom; cpni.pruimboom@icloud.com

Received 3 November 2016; Accepted 7 November 2016

Copyright © 2017 Leo Pruimboom et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

In the article titled “Influence of a 10-Day Mimic of Our Ancient Lifestyle on Anthropometrics and Parameters of Metabolism and Inflammation: The “Study of Origin”” [1], Jens Freese was missing from the authors’ list. The corrected authors’ list is shown above.

Also, there was a typographical error in the value of body weight loss. As a result, in the second paragraph of

“Anthropometrics and Clinical Chemical Indices” section, the sentence “We found (Table 1) that body weight decreased with a median (range) of −3.8 kg (−12.5 to −0.7)” should be changed to “We found (Table 1) that body weight decreased with a median (range) of −3.4 kg (−7.5 to −0.7),” and Table 1 should be corrected as follows:

TABLE 1: Anthropometrics and clinical chemical indices at baseline and at the study end.

	Unit	N	Baseline		Study end		Change			95% CI of the mean	p value
			Median	Range	Median	Range	Median	Range	SD		
Body weight	kg	55	68.0	48.4–116.3	65.00	46.9–111.8	−3.4	−7.5 to −0.7	2.0	−4.4 to −3.3	<0.001*
Age	Years	50	38	22–67	NM	NM	NM	NM	NM	NM	NM
Height	cm	55	175	154–203	NM	NM	NM	NM	NM	NM	NM
BMI	kg/m <sup>2</sup>	55	22.40	17.4–31.9	21.3	16.8–30.4	−1.2	−4.4 to −0.2	0.6	−1.4 to −1.1	<0.001*
Hip circumference	cm	44	100	85–120	96	86–115	−3	−17 to 5	3.3	−4.2 to −2.2	<0.001*
Waist circumference	cm	44	81	66–110	76	63–101	−5	−18 to 9	5.5	−7 to −4	<0.001*
Waist/hip ratio	cm/cm	44	0.84	0.72–1.00	0.80	0.66–0.94	−0.02	−0.14 to 0.10	0.06	−0.04 to −0.02	<0.002*

TABLE 1: Continued.

	Unit	N	Baseline		Study end		Change			95% CI of the mean	<i>p</i> value
			Median	Range	Median	Range	Median	Range	SD		
Glucose	mmol/L	53	4.9	4.2–5.8	4.3	3.3–6.1	-0.6	-1.7 to 0.5	0.6	-0.8 to -0.5	<0.001*
HbA1c	%	53	5.3	4.8–6.1	5.3	4.7–6.1	-0.1	-0.4 to 0.2	0.2	-0.1 to -0.05	<0.001*
Insulin	mU/L	23	14.0	3.7–36.8	6.7	1.1–12.9	-4.7	-31.4 to -0.2	8.1	-12.2 to -5.2	<0.001*
HOMA-IR	mmol*mU/L <sup>2</sup>	22	3.0	0.8–7.9	1.4	0.2–2.6	-1.2	-7.0 to -0.4	1.8	-2.8 to -1.3	<0.001*
Triglycerides	mmol/L	53	0.69	0.34–6.68	0.52	0.37–2.77	-0.14	-6.12 to 2.18	0.92	-0.52 to -0.01	<0.001*
Total cholesterol	mmol/L	53	5.2	3.2–8.2	4.5	2.6–8.1	-0.7	-2.8 to 0.4	0.7	-1.0 to -0.6	<0.001*
HDL-cholesterol	mmol/L	53	2.0	0.7–3.1	1.9	1.0–3.5	0.0	-0.8 to 0.6	0.3	-0.1 to 0.1	0.464
LDL-cholesterol	mmol/L	52	3.0	1.3–5.8	2.5	0.0–5.4	-0.6	-3.1 to 0.6	0.7	-0.8 to -0.5	<0.001*
TG/HDL-cholesterol ratio	mol/mol	53	0.3	0.16–9.54	0.26	0.11–1.73	-0.55	-8.98 to 1.34	1.3	-0.59 to 0.98	<0.001*
ASAT	IU/L	53	22	14–52	33	11–75	11	-8 to 54	11.4	9 to 15	<0.001*
ALAT	IU/L	53	20	11–42	25	12–47	6.0	-13 to 52	7.3	5 to 9	<0.001*
CRP	mg/L	42	0.61	0.14–27.04	1.36	0.14–41.65	0.56	-15.72 to 41.07	8.45	0.20 to 5.46	<0.001*
TSH	mU/L	42	1.25	0.02–3.12	1.11	0.02–4.40	-0.08	-0.93 to 1.28	0.47	-0.19 to -0.10	0.326
FT4	pmol/L	42	10.8	7.9–19.4	11.3	7.8–20.6	0.1	-5.6 to 8.4	2.3	-0.4 to 1.1	0.378
FT3	pmol/L	42	4.4	2.3–6.5	3.5	1.7–8.7	-0.8	-3.4 to 3.1	1.0	-1.0 to -0.5	<0.001*

Data are medians (range). ALAT, alanine aminotransferase; ASAT, aspartate aminotransferase; BMI, body mass index; CRP, C-reactive protein; FT3, free triiodothyronine; FT4, free thyroxine; HbA1c, hemoglobin A1c; HDL, high-density lipoprotein; HOMA-IR, homeostasis model assessment-estimated insulin resistance; LDL, low-density lipoprotein; NM, not measured; TG, triglycerides; TSH, thyroid-stimulating hormone. \*Significant difference between the values before and after the intervention by Wilcoxon signed rank test at *p* < 0.05.

## References

- [1] L. Pruimboom, B. Ruiz-Núñez, C. L. Raison, and F. A. J. Muskiet, "Influence of a 10-day mimic of our ancient lifestyle on anthropometrics and parameters of metabolism and inflammation: the “study of origin”," *BioMed Research International*, vol. 2016, Article ID 6935123, 9 pages, 2016.